## Private Invites to Eligible Employees

### Appointment Invite 1 – SENT 3 Weeks Out

**Subject Line:** Private Invite: Get a Health Checkup and Save $120 Off Your Insurance!

Exciting news – Catapult Health will be returning to our worksite to provide preventive health checkups as part of Live Better Louisiana. Live Better Louisiana is a program offered by the Office of Group Benefits and Blue Cross and Blue Shield of Louisiana to help you improve your health and save money along the way!

Participating in a Catapult Health Checkup is the only step to take advantage of the Live Better Louisiana program and save **$120 on your 2019 health insurance premiums**! Appointment scheduling is now open, and this is your private invitation to sign up. **Hurry – slots are limited and the best times go fast!**

**When:** Date & time  
**Where:** location

[**SIGN-UP HERE**](http://www.timeconfirm.com/ogb)

**Who is eligible:** Active employees and retirees who are the primary member on a Blue Cross health plan through Office of Group Benefits are eligible to participate and receive the discount. Spouses are **not** eligible at this time.

**What to expect:** The appointment consists of a quick, lab-accurate bloodwork analysis (don’t worry, it’s just a finger stick), blood pressure and BMI measurements, and a video consultation with a registered nurse practitioner. Patient information is **strictly confidential** – your individual results will not be shared with your employer or anyone else besides you and your doctor! Catapult Health Checkups are by appointment only; appointments can be changed or canceled at any time. Fasting is recommended but not required. Participation in the Health Checkup is **not available for pregnant women.**

### Appointment Invite 2: Reminder – SenT 2 Weeks Out

**Subject Line:** Time Is Running Out: Get $120 off Your Health Insurance Premium!

Hello,

Time is running out to sign up for your **free** 40-minute preventive health checkup.Remember, you will earn a **$120 Health Insurance Premium Credit** just for getting your checkup!

**Appointments are filling up fast, so hurry and sign up now!**

**When:** Date & time  
**Where:** location

[**SIGN-UP HERE**](http://www.timeconfirm.com/ogb)

**Who is eligible:** Active employees and retirees who are the primary member on a Blue Cross health plan through Office of Group Benefits are eligible to participate and receive the discount. Spouses are **not** eligible at this time.

**What to expect:** The appointment consists of a quick, lab-accurate bloodwork analysis (don’t worry, it’s just a finger stick), blood pressure and BMI measurements, and a video consultation with a registered nurse practitioner. Patient information is **strictly confidential** – your individual results will not be shared with your employer or anyone else besides you and your doctor! Catapult Health Checkups are by appointment only; appointments can be changed or canceled at any time. Fasting is recommended but not required. Participation in the Health Checkup is **not available for pregnant women.**

### Appointment Invite 3: Last Chance– SENT 1 Week OUT

**Subject Line:** Last Chance to Save $120 on Your Health Insurance Premium!

Hello,

This is your last chance to sign up for your free preventive health checkup and earn your **$120 Health Insurance Premium Credit.**

**Your private invitation is about to expire, so act now!**

**When:** Date & time  
**Where:** location

[**SIGN-UP HERE**](http://www.timeconfirm.com/ogb)

**Who is eligible:** Active employees and retirees who are the primary member on a Blue Cross health plan through Office of Group Benefits are eligible to participate and receive the discount. Spouses are **not** eligible at this time.

**What to expect:** The appointment consists of a quick, lab-accurate bloodwork analysis (don’t worry, it’s just a finger stick), blood pressure and BMI measurements, and a video consultation with a registered nurse practitioner. Patient information is **strictly confidential** – your individual results will not be shared with your employer or anyone else besides you and your doctor! Catapult Health Checkups are by appointment only; appointments can be changed or canceled at any time. Fasting is recommended but not required. Participation in the Health Checkup is **not available for pregnant women.**